

	STAGE 1		STAGE 2		STAGE 3		STAGE 4		STAGE 5	
	LENGTH	CLIMB	LENGTH	CLIMB	LENGTH	CLIMB	LENGTH	CLIMB	LENGTH	CLIMB
M10	1600	30	1680	20	1740	25	1450	35	1400	40
M12	2100	40	2150	30	2380	100	2150	70	1900	50
M14	2900	70	2510	50	2840	125	2200	100	2200	60
M16	3700	100	3500	60	4570	240	3400	125	2600	85
M18	4500	130	5000	100	5910	290	4050	155	3000	95
M20	4600	120	6200	120	6670	355	4650	150	3400	120
M35	4400	120	5000	100	6440	360	4850	190	3200	100
M40	4500	130	5000	100	5910	290	4050	155	3000	95
M45	3900	90	4800	110	4880	270	3900	140	2900	95
M50	3900	110	4500	105	4680	250	3750	130	2800	95
M55	3500	100	4300	90	4470	240	3700	125	2700	80
M60	3300	100	4100	70	4320	230	3600	120	2500	75
M65	2800	80	3200	60	3370	185	3500	100	2300	65
M70	2800	80	3200	60	3370	185	3500	100	2300	65
M75	2400	60	2800	35	2520	145	2900	80	2000	55
M80	2400	60	2800	35	2520	145	2900	80	2000	55
ME	5300	150	5500	155	7630	450	5200	220	3800	150
M21L	4600	120	6200	120	6670	355	4650	150	3400	120
M21S	3700	100	3500	60	4570	240	3400	125	2600	85

	STAGE 1		STAGE 2		STAGE 3		STAGE 4		STAGE 5	
	LENGTH	CLIMB	LENGTH	CLIMB	LENGTH	CLIMB	LENGTH	CLIMB	LENGTH	CLIMB
W10	1600	30	1680	20	1740	25	1450	35	1400	40
W12	2100	40	2150	30	2380	100	2150	70	1900	50
W14	2900	70	2510	50	2840	125	2200	100	2200	60
W16	3200	90	3200	35	4130	245	3100	100	2400	70
W18	3200	90	4180	75	4360	240	3700	110	2600	80
W20	3900	100	4300	85	4640	260	4200	130	2800	90
W35	3900	90	4800	110	4880	270	3900	140	2900	95
W40	3400	90	4000	70	4170	235	3800	125	2700	80
W45	3400	90	4000	70	4170	235	3800	125	2700	80
W50	3200	90	4180	75	4360	240	3700	110	2600	80
W55	3000	80	3600	65	3990	220	3450	80	2400	70
W60	2800	80	3200	60	3320	180	3200	70	2100	55
W65	2800	80	3200	60	3320	180	3200	70	2100	55
W70	2400	60	2800	35	2520	145	2900	80	2000	55
W75	2200	50	2700	35	2470	140	2400	75	1800	45
W80	2200	50	2700	35	2470	140	2400	75	1800	45
WE	4400	120	5000	100	6440	360	4850	190	3200	100
W21L	3900	100	4300	85	4640	260	4200	130	2800	90
W21S	3200	90	3200	35	4130	245	3100	100	2400	70

	STAGE 1		STAGE 2		STAGE 3		STAGE 4		STAGE 5	
	LENGTH	CLIMB	LENGTH	CLIMB	LENGTH	CLIMB	LENGTH	CLIMB	LENGTH	CLIMB
Direct ES	1600	30	1680	20	1740	25	1450	35	1400	40
Directy EM	3000	90	2800	60	2060	95	1600	55	2200	60
Direct EL	3500	110	3500	90	2590	100	2200	70	3300	105
Direct DS	2400	50	3500	60	3420	210	3100	115	1600	45
Direct DM	3100	80	4400	100	4410	245	3550	125	2400	75
Direct DL	3600	120	5150	110	5640	280	4000	150	3500	130